

Abduction Precautions for Women

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The following are some abduction precautions for women. It never hurts to be careful.

- 1.** Tip from *Tae Kwon Do*: The elbow is the strongest point on your body. Use it to your advantage.
- 2.** This tip from a tour guide in New Orleans. If a robber asks for your wallet and/or purse, DO NOT HAND IT TO HIM. Toss it away from you. Chances are that he is more interested in your wallet and/or purse than you, and he will go for the wallet/purse. **RUN LIKE MAD IN THE OTHER DIRECTION!**
- 3.** If you are ever thrown into the trunk of a car, kick out the back taillights and stick your arm out the hole and start waving like crazy. The driver won't see you, but everybody else will. This has saved lives.
- 4.** Women have a tendency to get into their cars after shopping, eating, working, etc., and just sit (doing their checkbook, or making a list, etc.) The predator may be watching you, and this is the perfect opportunity for him to get in on the passenger side. **AS SOON AS YOU GET INTO YOUR CAR, LOCK THE DOORS AND LEAVE.**
- 5.** A few notes about getting into your car in a parking lot, or parking garage:
 - A.) Be aware: look around you, look into your car, at the passenger side floor, and in the back seat.
 - B.) If you are parked next to a big van, enter your car from the passenger door. Most abductors attack their victims by pulling them into their vans while the women are attempting to get into their cars.
 - C.) Look at the car parked on the driver's side of your vehicle, and the passenger side. If a male is sitting alone in the seat nearest your car, you may want to walk back into the mall, or work, and get a guard/policeman to walk you back out. **IT IS ALWAYS BETTER TO BE SAFE THAN SORRY.**
- 6.** If the abductor has a weapon and you are not under his control, **ALWAYS RUN!** The predator will only hit a running target, 4 in 100 times; and even then, it most likely WILL NOT be a vital organ. RUN!
- 7.** Be smart and cautious. Stop trying to be sympathetic. Ted Bundy, the serial killer, was a good-looking, well-educated man, who ALWAYS played on the sympathies of unsuspecting women. He walked with a cane, or a limp, and often asked "for help" into his vehicle or with his vehicle, which is when he abducted his next victim. Be cautious.